

## 8. Medicine Management (New)

**Course Duration: 2-3 months | Tuition: KES 10,500**

The main objectives of the course are to prepare health managers who have competencies in medicines management in health facilities at different levels.

### Course Modules

- Policies and Medicine Control
- Selection of Medicines
- Procurement and Medicine Quality Assurance
- Distribution of Medicines
- Rational Use of Medicine
- Organization and Management of Drug Supply

## 9. Drug and Substance Abuse (New)

**Course Duration: 2-3 months | Tuition: KES 10,500**

This course is designed for health workers who are involved in curative and rehabilitative services at all levels of health care. These include, but not limited to, medical officers, clinical officers, pharmacists and pharmaceutical technologists, occupational therapists and nurses. In addition, health managers concerned with policy formulation and regulation are encouraged to participate.

### Course Modules

- Exposure Situation in Drug and Substance Abuse
- Drug and Substance Abuse in Special Populations
- Categories of Drugs and Substances of Abuse
- Interventions for Mitigation /Eradication of the Use of Drugs
- Policy Guidelines and Regulations Relating to Drug and Substance Abuse

## 10. Maternal & Neonatal Health (New)

**Course Duration: 2-3 months | Tuition: KES 10,500**

### Course Modules

- The Normal neonate
- Neonatal Resuscitation
- Birth Injuries
- Management of High Risk Neonate
- Congenital Abnormalities

## 11. Obstetrics and Gynaecology

**Course Duration: 2-3 months | Tuition: KES 13,000**

This is a 10 module course which looks at the female Reproductive system and specifically discusses issues related to pregnancy and delivery and associated medical problems.

### Course Modules

- Anatomy and physiology of the female reproductive system
- Introduction to Obstetrics
- Bleeding in Pregnancy
- Medical conditions in pregnancy

- Normal Labour and puerperium
- Abnormal pregnancy and presentation
- Abnormal Labour
- Operative Obstetrics and abnormal puerperium
- Diseases of the female Genital track
- Family Planning Methods

## 12. Monitoring and Evaluation online option

**Course Duration: 3-6 months | Tuition: KES 70,000 or USD 700**

### Course Modules

- Module 1: Concepts and Principles of Planning, Monitoring and Evaluation
- Module 2: Monitoring Processes and Method
- Module 3: Evaluation Processes
- Module 4: Data Analysis and Report Writing
- Module 5: Monitoring and Evaluation system
- Module 6: Project Assignment

### Documents Required for Enrolment:

- A completed application form
- Copies of your academic and school leaving testimonials
- National Identity Card (or Birth Certificate) or Passport
- Reliable postal address, email and telephone contact.

### Next Steps

Our streamlined approach to admissions will help make your enrolment as easy as possible.

- **APPLY ONLINE** [www.admissions.amref.ac.ke](http://www.admissions.amref.ac.ke) OR
- Download application forms from [www.amref.ac.ke/application-enquiry/](http://www.amref.ac.ke/application-enquiry/)
- Collect forms from Admissions Office, at AMIU on Lang'ata Road Nairobi.
- Send applications to [de@amref.ac.ke](mailto:de@amref.ac.ke)

## HAVE QUESTIONS? GET IN TOUCH

**Continuing Professional Development: Distance Learning:**  
**+254 (0) 20 699 3122 or +254 723 814 993 or +254 733 477 730**

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# Distance Learning Courses

[www.amref.ac.ke](http://www.amref.ac.ke)

## Learn When and Where You want

### Why Distance Learning?

- Study as you work at your own time, pace and place
- High quality and well prepared course materials
- Experienced and highly qualified tutors and tutorial support

### Is This Course For You?

Have you completed basic training as a health worker?

Are you unable to take time off work to study? Are you self-driven, innovative and interested in growing your career? If your answer is yes to these questions, there couldn't be a more perfect growth path for your career than AMIU's Distance Learning courses.

### How does it work?

Upon enrolment, the learner receives the first three lessons of the course online. Each lesson is made up of a study module and assignment. The learner is required to go through the study module and answer all the questions in the assignment. Assignments are then mailed back to Amref International University where experienced tutors correct and return them with comments.

### Mode of Delivery

Delivery Option I: Printed course material delivered to you via Post office - **KES 1, 900 per module** for health workers in Kenya (This option is only within Kenya)

Delivery Option II: A link will be sent to you via email from where you can download and print the course material **KES 1,250 per module**.

Tuition for non-residents: Non-residents tuition for any course is USD 450

## Courses available

### 1. Child Health

**Course Duration: 2-3 months | Tuition: KES 25,000**

The course aims to provide health workers with the competencies they need to provide promotive, preventive and curative health services to children.

#### Course Modules

- Nutrition
- Anaemia
- Immunization
- Malaria
- Diarrhoea
- Acute Respiratory Infections
- Eye, Nose and Troth (ENT)
- HIV/AIDS
- Helminthiasis
- Oral, Eye and Skin Conditions
- Mental Health
- Integrated Management of Childhood Illness
- Clinical Problem Solving
- Common Problems of the New-Born
- Growth and Development
- Health Education, Promotion & Counselling
- Common Injuries and Accidents
- Disability and Rehabilitation Part I
- Disability and Rehabilitation Part II
- Other Conditions: Urinary tract infection, Meningitis, Diabetes, Typhoid etc

### 2. Community Health

**Course Duration: 2-3 months | Tuition: KES 20,500**

The course is designed to enable learners to acquire knowledge and skills pertaining to community health and apply it to address community health issues and needs. It is aimed at developing competencies in health promotion, prevention and rehabilitation of individuals, families and the community, using the available resources.

#### Course Modules

- Introduction to community health
- Demography and Epidemiology
- Primary Health Care
- Organization & administration of health services
- Sociology and Anthropology
- Behaviour change and communication
- Environmental health
- Communicable diseases
- Community diagnosis and assessment
- Special Health Issues
- Home Based Care
- Management,
- Nutrition
- Immunization
- Maternal Child and Family Planning Mental Health.

### 3. Communicable Diseases

**Course Duration: 2-3 months | Tuition: KES 20,500**

This course deals with the diagnosis, management, prevention and control of common communicable on tropical diseases.

#### Course Modules

- Epidemiology
- Infection prevention and control
- Travel Medicine
- Immunization
- Contact Diseases
- STDs
- HIV/AIDS
- Vector Borne Diseases
- Malaria
- Emerging and Re-emerging Diseases
- Diseases of Faeco-oral Contamination
- Helminthiasis
- Acute Respiratory Infections
- Tuberculosis and Leprosy
- Diseases of Contact with Animals.

### 4. Integrated HIV/AIDS Prevention, Care and Management

**Course Duration: 2-3 months | Tuition: KES 15,500**

The objective of this course is to develop your knowledge, skills and attitudes with respect to provision of comprehensive care to people living with HIV/AIDS (PLWHA) and their families.

#### Course Modules

- Fundamentals of HIV and AIDS
- Prevention of HIV infection and Post Exposure
- HIV Counselling and Testing
- Elimination of Mother-to-Child Transmission of HIV
- HIV Treatment and Monitoring
- Management of patients with HIV related diseases
- Nutrition in the Context of HIV and AIDS
- Management of HIV in Special Populations
- Community & Home Based Care and Other Support
- Behaviour Change Communication (BCC)
- Monitoring and Evaluation
- HIV Commodity Security.

### 5. Non Communicable Diseases (Revised)

**Course Duration: 2-3 months | Tuition: KES 21,500**

The course has 17-modules covering non-communicable diseases in adults.

#### Course Modules

- Diseases of the Cardiovascular System Part I
- Diseases of the Cardiovascular System Part II
- Diseases of the Respiratory System Part I
- Diseases of the Respiratory System Part II
- Diseases of the Urinary System
- Diseases of the Alimentary System Part I
- Diseases of the Alimentary System Part II
- Diseases of the Joints & Connective tissues
- Diseases of the Nervous System Part I
- Diseases of the Nervous System Part II
- Diseases of the Blood & Reticuloendothelial System
- Diseases of the Endocrine Glands
- Diseases of Nutrition
- Poisoning;
- Common Skin Diseases in the Tropics
- Miscellaneous diseases
- Cancer and its Management.

### 6. Malaria

**Course Duration: 2-3 months | Tuition: KES 15,500**

This is a 12 module course which addresses the management, prevention and control of malaria.

#### Course modules

- Malaria
- Clinical Assessment of Malaria
- Severe and complicated Malaria
- Treatment of Malaria
- Treatment defaults in Malaria
- Referral in Severe and Complicated Malaria
- Malaria in Pregnancy
- Prevention and Control of Malaria
- Community Based Management of fever and Malaria in children
- HIV/AIDS and Malaria
- Counselling and Health Education on Malaria
- Malaria Surveillance.

### 7. Nutrition

**Course Duration: 2-3 months | Tuition: KES 14,250**

This course aims to provide health workers with knowledge and skills on how to promote good nutrition especially breastfeeding in the community; manage and prevent malnutrition in the community.

#### Course Modules

- Food Nutrients
- Maternal nutrition during pregnancy and lactation
- The relationship between nutrition, infection and disease
- Protein-Energy-Malnutrition
- Breastfeeding Part I
- Breastfeeding Part II
- Complimentary feeding
- Growth Monitoring Promotion
- Nutrition counselling
- Nutrition
- HIV.