



## **DIPLOMA IN COUNSELING PSYCHOLOGY LEVEL 6**

*Apply at: [Amref International University \(AMIU\) - Inspiring Lasting Change](#)*

### **Philosophy of the Program**

Diploma in Counseling Psychology Level 6 is a Competency-based TVET program that is offered at Amref International Training Center (The Amref International University-Tvet Directorate). This course is designed to equip an individual with competencies for assessing the client, providing counseling services, crisis, trauma, marriage and family, medical conditions, guidance and counseling in learning institutions, addiction, child, adolescent, special needs and disability, and workplace counseling services, as well as manage counseling services.

### **Goal of the program**

The major goals of the program include the following: Facilitating behavior change, Improving the client's ability to establish and maintain relationships, Enhancing the client's effectiveness and ability to cope, Promoting the decision-making process, and facilitating client potential and to achievement of positive mental health

### **Expected learning outcomes**

By the end of the program, the student will be able to:

1. Knowledge
  - Learn about the role of the family and the school as socializing institutions. Particular attention is given to the influence of family structure and environment on educational achievement, social class, and cultural variations in family lifestyles.

- Understand the theoretical and empirical approaches to the development and functioning of personality. The socio-cultural aspect of personality is given due consideration as seen in the context of counselling.
- Learn about the important elements in the conduct of counseling and therapy in a group setting. Special emphasis is given to the applicability of group psychotherapy and counseling in the context of Africa.
- Learn about the application of counseling techniques to facilitate adjustment of special groups to life situations such as relationship problems, personal loss, psychosocial upheaval, and physical/medical limitations.
- Identify systemic clinical concerns based on both client presentations as well as consider issues like trauma, crises, and substance abuse as motivators to begin marriage and family therapy treatment.
- Utilize a relational understanding of psychopathology and incorporate relational assessment to develop accurate diagnostic frameworks

## 2. Skills

Working in the program shall give the students the ability to

- To develop skills of working better with different kinds of clients.
- analyze the subject of their study with epidemiological methods
- perform fieldwork in a community health research project

## 3. Competences

As our student, you are supposed to

- participate in and contribute to classroom discussions that bring together students from a wide variety of backgrounds, interests, and countries.
- be able to critically evaluate and creatively use important theoretical concepts
- improve your academic presentation skills, facilitating dissemination of your work in written and in spoken language to specialist and lay audiences
- reflect critically on your own and the research of others

- be able to participate in academic debates of your field
- contribute to your field knowledge and methods through your work
- acquire skills and networks that you can use in your future career

### **Assessment Procedures:**

The course will be assessed at two levels: Internally and Externally.

Internal assessment is conducted in the Institution, while external assessment is the responsibility of TVET CDACC.

As part of the continuous internal assessment process, trainees will maintain a portfolio of evidence of their achievements.

### **Accreditation**

The course is recognized and approved by the following regulatory bodies:

TVETA, TVET CDACC and KNQA

### **Admission Requirements.**

- a) Kenya Certificate of Secondary Education (KCSE) mean grade C- (minus),  
or
- b) Counselling Psychology Certificate Level 5  
Or
- c) Equivalent qualifications as determined by Kenya National Qualifications Authority (KNQA)  
or
- d) Any other International qualifications should get approval from the Kenya National Qualifications Authority (KNQA)

### **Intakes**

January, April/May, and August/September

**Mode of Delivery**

The program is offered on a regular basis

**Course Duration**

The course takes a maximum of two academic years (6 Semesters)

**Career Path**

Upon completion, the student can pursue a BSc. Community Health, Epidemiology, Environmental Health, Counseling Psychology, or Medical Social Work programs amongst others as determined by Kenya National Qualifications Authority (KNQA)

**For Admission Enquiries:**

Tel & WhatsApp: +254112352343

Email: [amiuadmissions@amref.ac.ke](mailto:amiuadmissions@amref.ac.ke)

**General Enquiries:**

Tel: +254 741 743 871

Email: [enquiry@amref.ac.ke](mailto:enquiry@amref.ac.ke)

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